

REGULATIONS

1. INTRODUCTION

TAVIRA GRANFONDO is a cycling/cycle tourism event for everyone.

The event is part of the concept usually known as Granfondo and what the Portuguese Cycling Federation defines as Open Race, respecting the respective regulations, as well as the rules of the Highway Code.

This event is part of the physical activity program of the Municipality of Tavira.

The sporting event will not be competitive in nature, it will be a leisure event and of tourist, cultural and social interest.

2) PARTICIPATION

Athletes holding a competitive sports license may participate in TAVIRA GRANFONDO, as well as federated athletes in the Cycling for All category, and also non-federated athletes, of Portuguese or other nationality aged 18 or over.

Guests, professional athletes and other sports agents, can only participate upon invitation from the organization.

Participants with guest status will not enter the rankings for a period of time nor will they receive any prize.

The use of an approved cycling helmet is mandatory. Failure to comply with this rule will result in immediate exclusion from the event.

Participation in the event is voluntary and the sole responsibility of each participant.

Participants fully assume the risks inherent to their participation (without prejudice to it being covered by a specific insurance policy).

To participate, the athlete must have their license up to date (at the date of the event) as a FEDERATE in the Portuguese Cycling Federation, in the Competition or Cycling for All (CPT) classes, whose license must be disclosed at the time of registration.

If the license is not disclosed at the time of registration, the applicable fee will be the NON-FEDERATED registration fee.

In other cases, the participant must register as NON-FEDERATED so that the Organization can guarantee the subscription of Personal Accident and Civil Liability insurance with the legally required coverage and whose policies cover all participants who register in this way (such as NON-FEDERATED), which are not covered by the insurance of the respective Federation.

All athletes subject to sanctions by their respective Federations are prevented from participating in the event.



Only the use of non-motorized two-wheeled vehicles is permitted at the event, namely road bikes, off-road bikes, tandem bikes and bikes adapted for para-cycling).

All athletes must participate in the course for which they signed up.

Athletes may wear clothing of their choice, with nudity, flip-flops/sandals, or other accessories that compromise the safety of participants not permitted.

3) CATEGORIES

The following levels are defined:

In Mediofondo:

Top three of the following categories:

- Elites (from 18 to 29 years old) Male and Female
- Masters A 30 (from 30 to 39 years old) Male and Female
- Masters B 40 (from 40 to 49 years old) Male and Female
- Masters C 50 (from 50 to 59 years old) Male and Female
- Masters D 60 (from 60 to 69 years old) Male and Female
- Masters E 70 (70 years or more) Male

In Granfondo:

Top three of the following categories:

- Elites (from 18 to 29 years old) Male and Female
- Masters A 30 (from 30 to 39 years old) Male and Female
- Masters B 40 (from 40 to 49 years old) Male and Female
- Masters C 50 (from 50 to 59 years old) Male and Female
- Masters D 60 (60 years and over) Male and Female

Paracycling: General

- PERSONAL ACCIDENT INSURANCE

At the time of registration, participants who do not have a federative license will be provided with personal accident insurance. This insurance gives the right, during the duration of the selected event, to have personal accident insurance, with the following coverage:

- Capital coverage per person:
- Death by Accident 30364.00Euros



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- Permanent Disability due to Accident 30364.00Euros
- Treatment expenses per accident 5000.00Euros
- Funeral expenses (Expenses) 2700.00Euros

Deductibles per person 90.00 Euros (supported by the insured athlete in the event of an accident)

If there is any incident, the athlete must notify the organization on the same day, so that it is recorded in the final minutes of the race, and can be included in the race insurance (if they have subscribed to it).

The insurance taken out works on a cash-on-delivery basis, and all invoices must be sent later by the athlete to the insurance intermediary, who will forward the situation.

4) PROOF

TAVIRA GRANFONDO will have its official departure at 09:00 on September 29, 2024 in the city of Tavira, on Avenida Zeca Afonso and arrival at the same location.

Tavira Granfondo will be divided into two areas:

- Granfondo which will be approximately 130 km;
- Mediofondo will be approximately 80 km;

BOX openings begin at 8:00 am and close at 8:45 am.

Finish or finish control closes at 3pm.

After the start there will be around 7 km of controlled route until free movement begins

The event will be played as follows:

The group will start, with the pace controlled by the vehicle at the front of the group, traveling at a speed of approximately 20km/h. From approximately 7km onwards, the event takes place in a free-flow mode.

The maximum time limit to finish the event is 6 (six) hours.

5) REGISTRATION

Registration is limited to a maximum of 1000 participants across the two distances. Up to 100 registrations may be added to this total by invitation by the organization.

Registrations are made directly on the website: www.stopandgo.com.pt until 23:59 on 20-09-2024, or when the maximum number of participants is reached, respecting the chronological order of electronic registrations.

The collection of documentation, including the front of the bicycle, will be carried out at the event secretariat, operating at the Pavilhão Desportivo Eduardo Mansinho from 3:00 pm to 7:00 pm on September 28th and from 7:00 am to 8:30 am on September 29th, 2024.

To collect documentation from the secretariat, it is mandatory to present a signed liability waiver, an identification document (ID card or Citizen Card) and a duly regularized federative license, if you have registered as a member.



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Paracycling/disability registrations are only considered when proof of the Paracyclist is sent by email.

The collection of documentation can be carried out by another person as long as they hold and present to the secretariat the originals or copies with perfectly legible details of the documents (ID card or Citizen Card and federative license) of the absent athlete, as well as the liability waiver duly signed by the same athlete.

6) - FEES

Participation in the event is subject to the following registration fees for the phases:

- 1st Registration Phase

Opening until March 31, 2024

- Federated €35.00
- Non-federated €38.00
(Jersey offer for the event)

- 2nd Registration Phase

April 1st to July 31st 2024

- Federated €35.00
- Non-Federated €38.00

- 3rd Registration Phase

August 1st to September 20th 2024

- Federated €38.00
- Non-Federated €41.00

- During the event week

- September 21st to September 25th 2024
Federated/Non-federated €45.00

-Free registration for

- The overall winners of the Granfondo and Mediofondo of the previous year.(Men, Women and Paracycling)

7) Registration exchanges:

The exchange of registration between athletes and the exchange of registration for the route chosen at the time of registration is only permitted until September 20, 2024.



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8) Withdrawals:

In case of withdrawal by July 1, 2024, the athlete will be reimbursed 50% of the registration fee. After this date, no amount will be returned to withdrawing athletes.

9) Refund of registration fee:

There will be no right to refund the registration fee, except if the test is canceled for reasons attributable to the organization.

10) Registration for the event includes:

- Front (personalized with name and nationality for registrations only) validated by 20-09-2024);
- Lunch;
- Offers from local authorities, with traditional products (to be announced);
- Finisher Medal;
- Various gifts;
- Racebook (digital support), with route information;
- Photos of the race made available on the event's official Social Networks;
- Liquid and solid supplies;
- Finisher Diploma through digital support;
- First aid and medical assistance;
- Access to changing rooms for bathing;
- Classification using electronic chip;
- Professional mechanical assistance;
- Personal accident insurance in accordance with current law.

11) ASSIGNMENT AND USE OF FRONTS

Each athlete will participate with the number provided by the Organization, which is assigned sequentially after payment of the registration fee is confirmed.

All participants must place the front of the bicycle in the correct position, at the front, in the handlebar area so that it is clearly visible over its entire surface.

The front part cannot be folded or rolled up and the chip must be kept in the location recommended by the organization during participation in the event, until the route chosen by the participant is completed.

The organization cannot be held responsible for errors or failures in reading the chip, whether due to misuse by the participant, or for any other reason.

Any athlete who does not comply with this rule will be sent to the last box.

It is strictly prohibited to alter the graphic content on the front plate of the bicycle, or add any type of message or image, whether of an advertising nature or not.



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The departure for the Granfondo and Mediofondo will be given simultaneously, with the participants being distributed across starting boxes.

This distribution will be made exclusively by MONEY ORDER.

Each of these boxes will have 100 seats, and it is important to note that there will be an area reserved for VIPs, guests and sponsors in front of these boxes.

The number of athletes per box may change depending on the number of participants.

IMPORTANT: Any athlete wearing the event jersey – TAVIRA GRANFONDO 2024 – will enter the VIP Box at the Zero Control before the match.

12) CLASSIFICATIONS

The Trophies will be awarded as follows (in a formal ceremony):

Exclusively in Granfondo and Mediofondo:

- Trophy for the absolute male and female winners
- Trophy for Paraciclismo winner

In Mediofondo:

Top three of the following categories:

- Elites (from 18 to 29 years old) Male and Female
- Masters A 30 (from 30 to 39 years old) Male and Female
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- Masters C 50 (from 50 to 59 years old) Male and Female
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Paracycling: General



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13) AWARD OF PRIZES

Teams:

- 1st fastest Granfondo Team, the 3 best classifieds count the times, without distinction of category.
- Larger team.
- Farthest team (minimum 5 athletes)
- Other prizes and gifts may be awarded

The protocol ceremony will begin at 3:00 pm

Participation in protocol ceremonies is mandatory.

In case of absence, the athlete will lose the right to the prize, except in cases duly justified by the athletes and accepted by the organizer.

14) DYNAMICS OF THE TEST

The event will take place on ROADS OPEN TO TRAFFIC.

All participants must scrupulously respect the traffic rules contained in the Highway Code, with special attention to the obligation to drive on the right and respect the priority rules at intersections. Anyone who does not respect these rules will be immediately expelled from the race and will be prevented from participating in future editions of the race.

Assistance given to athletes by support vehicles outside the organization is strictly prohibited.

The circulation of accompanying vehicles among cyclists in the race is also prohibited. Information will be provided by the organization on recommended locations for companions to watch the passage and provide support to the athletes.

The security forces responsible for the event will prevent the circulation of support vehicles among the cyclists taking part in the event, ensuring compliance with the Highway Code.

The event will be organized by security forces, made up of members of the GNR, belonging to corporations in the territory and the traffic brigade, who will guarantee compliance with traffic rules by all elements involved in the event and the remaining vehicles in circulation.

Each athlete's time control will be carried out electronically, using chips.

The use of the chip is mandatory, and the athlete must comply with the rules for its correct positioning and use.

The incorrect use of the chip or its non-use by an athlete will result in his/her passage not being recorded in the passage controls stipulated by the organization, resulting in the athlete being disqualified, with the consequent absence from the final time list and the loss of rights to your participation diploma.

Passage and time collection controls will be located at the start and finish and at other points along the race route.

The time count is the arrival at the goal and not the chip time.



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In order to ensure the integrity and safety of athletes, there are two control points at the event, where time limits will be stipulated.

Athletes who arrive at the time control points after the stipulated time limit will be forced to abandon the race and will be picked up by the organization's "broom" vehicle to the finish line.

Participants who arrive at the mentioned locations after the indicated time or travel at an average speed of less than 20km/h on the Granfondo route will be prevented from proceeding and may choose to be picked up by Organization staff. The organization cannot compromise that after 3 pm there are resources on the ground, namely police forces, supply areas or staff at intersections.

Participants who choose to follow on their own will be obliged to hand over their bicycle plate with their participant number to the time control post or to another member of the organization, ceasing to be classified by the race organization and assuming responsibility for their own responsibility, account and risk your destiny from that moment on.

Athletes who withdraw during the race must contact members of the organization, in person or by telephone, announcing their withdrawal.

When the absence of an athlete is detected, aid and rescue means can be triggered.

Failure to comply with this rule will make the athlete who did not make this communication liable for the costs inherent to the search and rescue process.

Furthermore, you will be banned from participating in subsequent editions of the race.

Athletes must scrupulously respect the schedules, namely the departure time, ensuring that they leave before the broom car.

If they do not do so, they will be excluded from the test, participating at their own risk.

Departure control closes (km 0) at 09:15.

The organization will have ambulance support.

If necessary, participants must request help from members of the organization who will provide the necessary assistance.

The organization will provide mechanical assistance throughout the race that will seek to resolve mechanical problems that can be resolved in the race scenario.

In the event of a breakdown, labor will be free, however replacement parts will be charged to athletes who need them.

The interventions carried out by the assistance teams exclude puncture repairs. Mechanical assistance will be made up of mobile teams that will move along the route, however, for reasons of race dynamics or positioning difficulties, this service may not guarantee assistance to all participants.

The existence of this mechanical assistance does not relieve participants of the duty to properly prepare their bicycle, ensuring that it is in the best condition when they line up at the start.

The organization can never be held responsible for the abandonment of an athlete due to lack of mechanical assistance.

Athletes participating in the event must ensure the transport of food and liquids for their food and hydration replacement.



However, the organization will set up refueling stations in locations to be announced before the event, where some food and drinks will be dispensed.

For safety reasons, it is prohibited for participants to use headphones as an accessory to devices for listening to music or using a cell phone during the event.

The organization has the right to make changes to the layout and operation of the event, when justified for any reason, without having to compensate the participants for this reason.

15) ECO RESPONSIBILITY

Participants are obliged to behave responsibly with regard to cleaning and preserving the environment throughout the areas used by the event, from the event route to the departure and arrival areas.

Throwing waste onto the ground is prohibited, before during and at the end of the event.

Participants must be careful to keep waste food and drink packaging used to replace them during the event.

At the end of the event and in the refueling areas, containers will be made available by the organization to deposit the trash carried by the athletes.

Failure to comply with this rule will result in the athlete being immediately excluded from the event.

16) SANCTIONS

Participants will be sanctioned if:

- Do not respect the rules and the Highway Code, taking into account the fact that the roads are open to traffic.
- Do not respect orders and instructions given by security forces and members of the organization.
- Do not pass through exit control, finish line control or other control points along the route.
- Dirt or degrade the route and other areas used in the race.
- Provide or be assisted by their own support vehicle circulating in the middle of the race and hindering the progress of other cyclists.
- Adopt unsportsmanlike behavior, using irregular means to gain an advantage in their final timing.
- Adopt behavior that impedes the normal course of the test and that goes against these regulations.
- In case of withdrawal, do not inform the organization.

Sanctions that may be applied:

o Exclusion from the test, without the right to classification or diploma. Inclusion of the name on the list of sanctioned athletes, to be published after the race. Restriction from participating in subsequent editions of the test.

o Sanctions imposed by the police authorities that frame the evidence, if the infractions are detected by the authorities and they consider them to be worthy of sanction.



o Violations of these regulations may be detected and reported by members of the organization or by agents of the authority responsible for the event, with the Race Jury making the final decision regarding the sanctions to be applied to the athletes in question.

17) IMAGE RIGHTS

Registration for the event and the consequent acceptance of these regulations necessarily implies the participant's authorization so that the organization can record all or part of their participation, being able to use these images freely to publicize and promote the event on all media (television, radio, press, internet, posters, cards and flyers, photos and videos). It thus transfers all image rights relating to the commercial and advertising exploitation of these records, without the right to receive any economic compensation from the organization.

18) DATA PROTECTION

The TAVIRA GRANFONDO organization fully respects the data protection law currently in force. Athletes assume knowledge and authorize the introduction and processing of their personal data in the files of the event organizing entity, for use in development, administrative and commercial management and other activities. However, the privacy policy allows any athlete to request the change or removal of their data, by sending a request via e-mail: granfondotavira@gmail.com.

19) OTHERS

The organization is not responsible for any loss or damage that may affect participants' bicycles or other equipment. The participant exempts the organization from liability for any loss or deterioration of personal objects, under any circumstances.

Force majeure reasons may force the organization to suspend and postpone the test. In this situation, the organization cannot be held responsible, as it does not have the obligation to compensate economically or in any other way any athlete or any person or entity for this fact.

By registering and validating TAVIRA GRANFONDO, participants assume knowledge and unreserved acceptance of these regulations, renouncing any legal proceedings against the organization arising from their participation in the event.

The organization will set up a Trial Jury, made up of five members of the organization, who will decide on the sanctions to be applied and on all matters related to the trial that have not been subject to regulation or on misinterpretations of these regulations.



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STATEMENT OF RESPONSIBILITY

Law nº 5/2007, of January 16th, which approves the Basic Law of Physical Activity and Sport, establishes, in paragraph 2 of its article 40, within the scope of physical and sporting activities, "it constitutes a special obligation for the practitioner to ensure if, beforehand, you do not have any contraindications to its practice". Therefore, it is no longer mandatory to present a medical examination to practice sports, and it is up to the practitioner to ensure that they do not have any contraindications for this purpose.

When registering, the athlete expressly declares that he or she is aware of and has become aware of the legislation in force, and therefore declares that he or she does not have any physical or psychological contraindications to practicing sporting activities on September 29, 2024, and to its participation in Tavira Granfondo 2024.

He further states that:

- Read and accepted the test rules. Furthermore, he declares that he has become aware that this is a cycle tourism/cycling event for everyone without a competitive nature, which takes place on public roads open to traffic, accepting the resulting risks, and therefore undertakes to comply with and enforce the laws of the Code of the Road and the Tavira Granfondo 2024 Regulations.
- You have received from the organization all the necessary information you requested about the risks inherent to your participation in the Tavira Granfondo 2024, having been fully aware that the race takes place on roads open to the circulation of vehicles other than the event and with which you may cross paths. if; that you will pass through intersections open to traffic, and therefore undertake to use the utmost care and prudence when crossing them; that there are areas of the route, whether due to the condition of the surface or the steep slope of the road, that the organization has been duly warned about and the risks that may result.
- It will not hold the organization of Tavira Granfondo 2024 or any of the entities linked to the event responsible for any accident that it may cause or be a victim of and which may involve other participants, members of the organization and/or third parties, nor for any debts incurred by it before, after or during the tour, nor any damage or loss that may occur to bicycles and/or other equipment that belongs to you and/or is used by you. It also exempts the organization from liability for loss or deterioration of personal objects under any circumstances.
- Assumes that the organization of Tavira Granfondo 2024 has recommended that all participants undergo a complete medical examination before participating in this event, and therefore waives responsibility for said entity in case they suffer any type of loss resulting from health problems that may result from the your participation in the test. You declare to fully assume any risks to your health that participating in Tavira Granfondo 2024 may involve.



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- Assumes that you accept and agree to scrupulously comply with all standards and guidelines issued by the DGS and other competent entities, specifically with regard to SARS-COV-2. This disclaimer means that its contents have been read, understood and fully accepted. If, in the future, current conditions change, the participant assumes the responsibility to inform the organization.



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